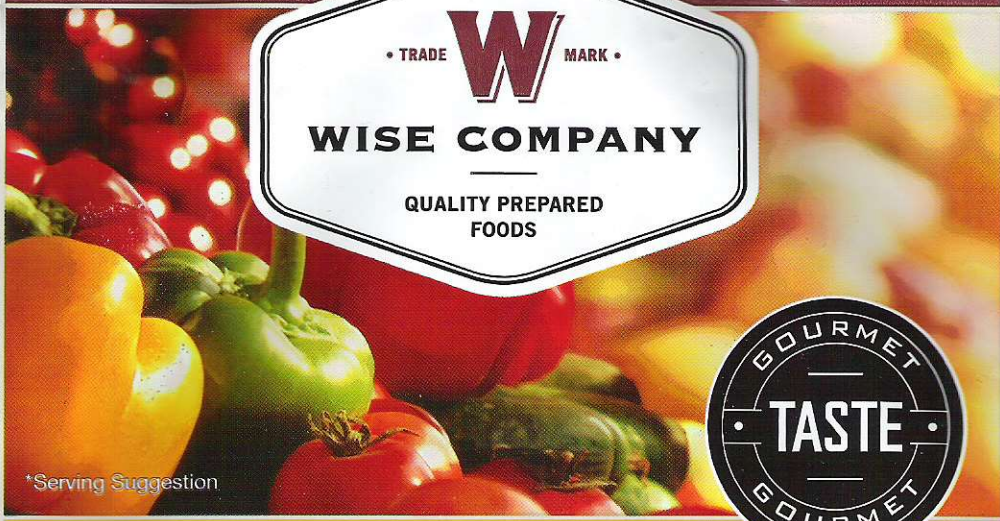


READY-MADE ENTRÉES

JUST ADD BOILING WATER



*Serving Suggestion



SAVORY STROGANOFF

*Pasta with onions, mushrooms and beef flavor
in a creamy sauce*



EMERGENCY
RECOMMENDED



EXTENDED
SHELF-LIFE



QUICK
COOK

• INCLUDES | 4 | SERVINGS •

NET WT. 256g (9 OZ)



MADE IN USA

Nutrition Facts

Serving Size: 1/4 Pouch (64g)

Servings Per Container 4

Amount Per Serving

Calories 250 **Calories from Fat 40**

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 2.5g **13%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 310mg **13%**

Total Carbohydrate 45g **15%**

Dietary Fiber 2g **8%**

Sugars 8g

Protein 7g

Vitamin A 0% • Vitamin C 2%

Calcium 8% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Suggested Storage Conditions

1. Store product in a dry, cool, and dark location.
2. Optimal storage (basement/cold room) temperature 55 degrees F (12.7 C).
3. Keep pouches in protective bucket.

Distributed by: Wise Company

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COOKING DIRECTIONS

1. Remove OXYGEN ABSORBER prior to preparation.
2. Bring 4 cups water to a boil, add contents of this package into boiling water and stir.
3. Turn off heat, cover and let stand for 12 to 15 minutes stirring occasionally.
4. Uncover and let cool for 2 to 3 minutes.



For higher elevations, increase stand time as needed before serving.

Ingredients: Pasta (Durum Semolina Flour [Wheat], Niacin, Ferrous Sulfate [Iron], Thiamine Mononitrate, Riboflavin, Folic Acid), Sweet Whey Powder, Maltodextrin, Potato Flour, Nondairy Creamer (Coconut Oil, Corn Syrup Solids, Sodium Caseinate, Mono and Diglycerides, Dipotassium Phosphate, Silicon Dioxide), Textured Vegetable Protein (Soy Flour, Caramel Color), Food Starch - Modified, Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Enzyme, Folic Acid), Nondairy Creamer (High Oleic Sunflower Oil, Corn Syrup Solids, Sodium Caseinate [From Milk], Dipotassium Phosphate, Mono and Diglycerides, Silicon Dioxide, Mixed Tocopherols [to preserve freshness]), Dried Onion, Salt, Natural and Artificial Flavors, Xanthan Gum, Dried Mushrooms, Partially Hydrogenated Soybean Oil, Dried Onions, Garlic Powder, Lactic Acid Powder, Titanium Dioxide (for color), Spice, Disodium Inosinate and Disodium Guanylate, Caramel Color.

CONTAINS: MILK, SOY, WHEAT

MFG DATE: 05/28/2013

PRODUCED ON EQUIPMENT THAT ALSO PROCESSES MILK, SOY, WHEAT, EGG, SHELLFISH, FISH, TREE NUTS AND PEANUTS.

100% VEGETARIAN